**Brain Sync is an 8 week class that is designed for children with developmental delay:**

* *A one-hour group class, run by two physical therapists and student volunteers. Your child can sign up for either once a week or twice a week classes.*
* *There is a heavy emphasis on reflex integration exercises, allowing your child to replace reflexive movements with more typical, voluntary movements. This will provide your child with:*
* ***Strengthening***
* ***Balance***
* ***Coordination***
* ***Socialization***
* ***Sports Readiness***
* *Max class size is 6, with safe, social distance measures in place.*
* *Brain Sync provides a complimentary evaluation that identifies whether your child has any of the “Big Five” reflexes still present and home exercise program, if needed, that is specific to your child’s reflexes.*
* *Individual sessions to determine your child’s progress in the home exercise program, and assistance in performing the exercises correctly can be scheduled as needed and will incur a fee. These sessions can be in person, or via telehealth.*